



MAY 8, 2022
18033 15TH PLACE NE
SHORELINE
(206) 364-7900

ST. MARK CATHOLIC CHURCH

PARISH INFORMATION



The Week of May 8

Sunday, May 8 *Mother's Day*

8:30 am, Holy Mass, Church (*Pro Populo*)

10:30 am, Holy Mass, Church (*Archbishop Etienne & all Clergy*)

Monday, May 9

No 9:30 am Mass

2:00 pm, Prayer Team, Church

6:30 pm, Boy Scouts, Cafeteria

6:30 pm, Family Rosary, Church

Tuesday, May 10

No Morning Mass

7:00 pm, Knights of Columbus, Sullivan Hall

7:30 pm, St. Vincent de Paul Society, video call only

Wednesday, May 11

5:00 pm, Exposition of the Blessed Sacrament, Church

5:00 pm, Confessions, Church

6:00 pm, Benediction & Evening Prayer, Church

6:30 pm, Daily Mass, Church (Pat Oleander, RIP)

7:00 pm, Faith Matters, Sullivan Hall

Thursday, May 12

9:30 am, Daily Mass, Church (Vi Bitz, RIP)

2:00 pm, Bible Study, Sullivan Hall

Friday, May 13

9:30 am, Daily Mass, Church (Eugene Sovar, RIP)

10:30 am, Rosary Preceding Funeral Mass, Church

11:00 am, Funeral Mass for Robert Sweeney, Church

Saturday, May 14

9:30 am, Daily Mass, Church (Patrick McAuliffe)

3:00 pm, Confessions, Church

3:00 pm, Johnny Appleseed presented by St. Mark School, Gym

3:30 pm, Bible Study, Sullivan Hall

5:00 pm, Vigil Mass, Church (*St. Mark Parish & School Faculty & Staff*)

6:30 pm, Johnny Appleseed presented by St. Mark School, Gym

Sunday, May 15

Knights of Columbus Pancake Breakfast after both Masses, Cafeteria

8:30 am, Holy Mass, Church (*Pro Populo*)

10:30 am, Holy Mass, Church (*Archbishop Etienne & all Clergy*)

Pastor

Rev. Jacob Maurer | (206) 364-7900 ext. 101

Pastoral Assistant for Administration & Stewardship

Todd Chapman | (206) 364-7900 ext. 106
toddc@saintmarkshoreline.org

Pastoral Assistant for Faith Formation

Dea. Kirk Altenhofen | (206) 364-7900 ext. 105
kirka@saintmarkshoreline.org

Administrative Assistant

Laura Lynch | (206) 364-7900 ext. 100

Facilities Maintenance Manager

Carlos Odicino | (206) 364-7900 ext. 110
carlos@saintmarkshoreline.org

St. Mark Parish School

(206) 364-1633 www.stmss.org

St. Mark Parish School Principal

Kathy Keck | (206) 364-1633
principal@stmss.org

St. Mark Parish Preschool

(206) 363-7100

St. Mark Parish Website

www.saintmarkshoreline.org

St. Mark Parish Location

18033 15th Pl. NE, Shoreline, WA 98155





✠ JMJ ✠

WHY DO CATHOLICS DO THAT?

- Father Jacob Maurer

The merciful love of the Lord fills the earth;
by the word of the Lord the heavens were made, alleluia.

Cf. Ps 33 (32): 5-6

Dear friends,

As I explained in my homily today, I am kicking off an in-house parish mission and would like to invite you to join me in a month-long reflection on the nature of parish life. There are three questions that will be helpful for prayer & discernment:

- what does it mean to be a Catholic parish?
- how do we live out our role as a parishioner within a Catholic parish?
- how is God calling us to grow individually as parishioners and communally as a parish?

As a fan of canon law, I want to quote in full the Church's definition of a parish: "A parish is a **certain community of the Christian faithful** [emphasis added] stably constituted in a particular church, whose pastoral care is entrusted to a pastor (*parochus*) as its proper pastor (*pastor*) under the authority of the diocesan bishop." ([CIC 515 §1](#)) and "As a general rule a parish is to be territorial, that is, one which includes all the Christian faithful of a certain territory." ([CIC 518](#))

Notice what the Church does *not* say - She does not define a parish as the priest (although he acts in it's name) nor does She define a parish as a building (though every parish needs one). Instead, we see that a parish is the Christian people living within it's territory - the parish is **all of us!**

So how is that going for you - how is being a constitutive part of Saint Mark parish evident in your life? . . . and is it evident? Most importantly: **how is the Lord calling you** - not other people, but you individually - **to be a part of the parish?** Let us prayerfully consider, discuss, and - very soon! - begin acting on the answers to these questions of this parish mission.

yours in Christ,

Father Maurer

The Immaculate Heart of Mary is a popular devotional image, often depicted with seven swords piercing her heart. Pope Pius VII wrote [a litany of the seven sorrows, available online \(EWTN\)](#). As any mother - and indeed, any woman who longs to be a mother - sacrificial love is part & parcel of motherhood. We willingly offer ourselves, even our sorrows, for those we cherish. As we celebrate Mother's Day this weekend, may we honor our mothers and the women in our lives who share a mother's heart, thanking them and praising God for their gifts to their children and to our community.



PARISH EVENTS & NEWS



Daily Mass Cancellations

- † Daily Mass at 9:30 am is canceled Monday, May 9
- † Daily Mass at 9:30 am is canceled Monday, May 30

St. Mark St. Vincent de Paul Conference

Our St. Vincent de Paul conference works hard to support the most vulnerable in our community through rental and utilities assistance, food deliveries and more.

Pantry supplies are needed! If you can, please donate canned fruit or vegetables, cereal, pasta, tomato sauce, toilet paper or personal hygiene items. Donations may be left in the basket in the church vestibule or dropped-by the parish office - if after hours just leave the donations on the bench by the front door.

Thank you for your ongoing generosity with both pantry items and money donations.

Volunteer opportunities with St. Vincent de Paul

Our St. Vincent de Paul conference welcomes parish-ioners interested in helping our neighbors in Shoreline by being part of our conference. Our conference meets the second and fourth Tuesdays of each month at 7:30 pm. The second Tuesday is a video call only and on the fourth Tuesday the meeting is held here at St. Mark in the portable library just north of the school.

If you are interested call Tom Martin at (206) 412-6438.

End of School Year Games and BBQ

Save the date! The school is holding an end of the school year games (including bouncy houses, everyone loves bouncy houses) and BBQ on Friday, June 3 from 3:30 - 6:30 pm in the parking lot, gym and cafeteria.

Parish Prayer Intentions

For the ill...

Jim Miller, Daniel Kaopuiki, Sherrill Dungan,
Christine Kimmel Jovanovich, Maxine Dion,
Dennis Knight

For the deceased...

Knights of Columbus Pancake Breakfast

The Knights of Columbus will be serving up their amazing pancake breakfast next week, May 15, in the cafeteria after both Masses!

It's more than pancakes - it's the chance for you and your family to experience the best breakfast around!

It's been a long time since we have all enjoyed a Knights breakfast. See you there next week!

Countryside Donuts

Have you popped over to the cafeteria after Sunday Mass for donuts yet? If you have then you know. They are delicious!

Countryside Donuts is the purveyor of our delicious Sunday donuts. They are conveniently located just over in Mountlake Terrace, <https://countryside-donut-house.business.site/>.

Attend Mass at Holyrood

Our local Catholic cemetery hosts monthly Masses we all can attend. Holyrood Catholic Cemetery is a sacred space, a place of prayer and quiet reflection.

Memorial Mass at Holyrood

Everyone is invited to the Memorial Day Mass at Holyrood at **10:30 am on Monday, May 30**. (Mass at St. Mark is canceled that day.)

For more information, and directions, please go to <https://mycatholiccemetery.org/events/> or call Holyrood at (206) 363-8404.

40 Days for Life Victory Rally

We are invited to attend the 40 Days for Life Victory Rally at Holy Rosary parish in Edmonds on Sunday, May 15 at 6:30 pm. The events begins with a potluck dinner followed by a showing of the new film 'The Matter of Life'. Information about the film can be found here, <https://www.thematteroflife.org/>.

Holy Rosary is located at 630 Seventh Avenue North in Edmonds.

If you have any questions please email Rebecca Anderson at becsterbear@gmail.com

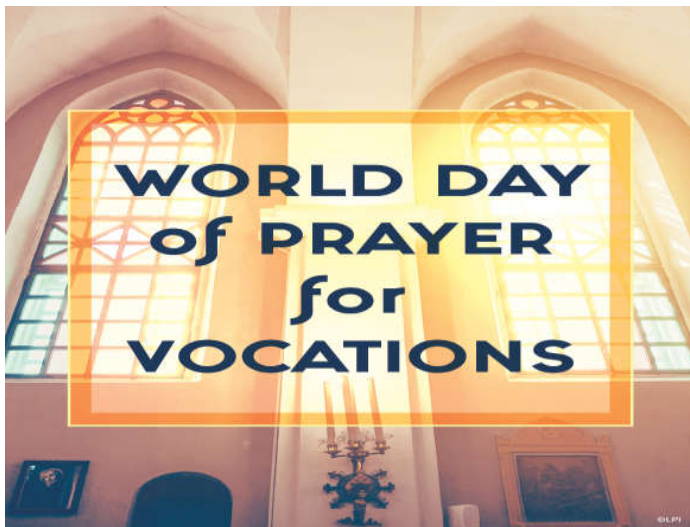
PARISH EVENTS & NEWS



World Day of Prayer for Vocations

Today, Sunday May 8, is the World Day of Prayer for Vocations. The purpose is to publicly fulfill the Lord's instruction to, "Pray the Lord of the harvest to send laborers into his harvest" (Mt 9:38; Lk 10:2). As a climax to a prayer that is continually offered throughout the Church, it affirms the primacy of faith and grace in all that concerns vocations to the priesthood and to the consecrated life. While appreciating all vocations, the Church concentrates its attention this day on vocations to the ordained ministries (priesthood and diaconate), consecrated life in all its forms (male and female religious life, societies of apostolic life, consecrated virginity), secular institutes in their diversity of services and to the missionary life.

~ USCCB: World Day of Prayer for Vocations



Frequently Requested Numbers

Boy Scouts: Dennis Halpin (206) 365-1971
 Knights of Columbus: Greg Insley (206) 271-4599
 St. Vincent de Paul Helpline: (206) 767-6449
 Queen of Heaven Guild: Sylvia Ebert (206) 419-3115
 Marriage Help: Retrouvaille (206) 706-2608
 Holyrood Cemetary: (206) 363-8404
 Beck's Funeral Home: (425) 771-1234
 Harvey Funeral Home: (206) 632-0100

May is Mental Health Awareness Month

We often have to *do* something before we *feel* the (positive) effects of it: The behavior comes first and then the feeling. If we wait to "feel" a certain way (less anxious, more motivated, more involved, etc.) we likely will remain stuck. At times we have to "do" even when we don't want to in order to achieve the positive emotion.

We cannot control our emotions but we can control our responses. Instead of being harsh with yourself for experiencing emotions, consider validating your emotions and focusing on how you can intentionally respond.

When we are emotional the logical part of our mind isn't able to function to its full capacity; so, during these times, focus on emotion regulation instead of pushing yourself to "do."

A positive correlation exists between emotional regulation and depression management. Emotional regulation is a modifier; it helps us filter information in a way that won't evoke stress or fear.

Notice what you are feeling, including the fear, and name it, for example, "I feel ashamed because I messed up and now my wife hates me." Use cognitive reappraisal to alter how you think. Replace the negative thought, perhaps with something like, "I made a mistake but I can fix this and help my wife feel better. She doesn't hate me; she's disappointed."

Remind yourself of your talents and virtues, remember to pray and don't go it alone; reach out to others for help. Self-compassion is often more difficult for many of us than it is to feel and show compassion to others.

We are a human beings and because of that we are inherently imperfect and we are co-existing with other imperfect human beings. It's okay to ask for help. It's generous and appropriate to forgive others their imperfections.

May 1, weekly stewardship report (fiscal year July 2021-June 2022) St. Mark parish

	Budgeted	Actual	Difference	Online	# In Person	# Online	Givers
Income							
Last Week	\$15,660	\$15,087	(573)	\$4,176.66	137	75	212
Year to Date	\$689,040	\$551,928	(137,112)				



Funeral Mass Announcement

Funeral Mass for

Robert Sweeney

Friday, May 13 11:00 am

Rosary Preceding at 10:30 am

Mass will be in person & live streamed.

Eternal rest grant unto him, O Lord, and let perpetual light shine upon him. May his soul rest in peace. May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

The Importance of Coming to Mass

If you've been away from Mass during the pandemic, or for other reasons, we invite you to come back to receive the Eucharist, rebuild community life and renew your commitment to Sunday Mass.

We are called to attend Mass in person, to enter into God's sacred space to physically encounter the Lord in an extraordinary way, entering into the liturgy and worshipping God in community with others.

"Blessed are those who dwell in your house! They never cease to praise you." ~ Psalm 84

"For where two or three are gathered together in my name, there am I." ~ Matthew 18:20

"And let us consider how to arouse one another to charity and good works; not forsaking our assembly as is the custom of some, but exhorting one another, and this all the more as you see the Day drawing near." ~ Hebrews 10:24-25

"We too are gathered round the table of the Lord, the table of the Eucharistic sacrifice, in which he once again gives us his Body and makes present the one sacrifice of the Cross. It is in listening to his word, in nourishing ourselves with his Body and his Blood that he moves us on from being a multitude to being a community, from anonymity to communion. The Eucharist is the sacrament of communion that brings us out of individualism so that we may follow him together, living out our faith in him." ~ Pope Francis, May 30, 2013

This article is synopsised from the Archdiocese of Seattle's website and is continued on the top of the next column.

Coming to Mass, Continued

"Just as the term 'Church' refers to the living temple, God's People, the term 'church' also has been used to describe "the building in which the Christian community gathers to hear the word of God, to pray together, to receive the sacraments, and celebrate the eucharist." ~ Built of Living Stones, guidelines of the National Conference of Catholic Bishops.

Whenever communities have built houses for worship, the design of the building has been of critical importance. Churches are never 'simply gathering spaces but signify and make visible the Church living in [a particular] place, the dwelling of God' among us, now 'reconciled and united in Christ.'

As such, the building itself becomes 'a sign of the pilgrim Church on earth and reflects the Church dwelling in heaven.' Every church building is a gathering place for the assembly, a resting place, a place of encounter with God, as well as a point of departure on the Church's unfinished journey toward the reign of God."

~ Built of Living Stones, <https://store.usccb.org/products/built-of-living-stones-art-architecture-and-worship>

Synopsized from, <https://archseattle.org/mass/>

Sacred Heart Radio

Sacred Heart Radio, 100.3 FM and 1050 AM, is listener supported local Catholic radio. You have likely listened to the Mass at 9:00 am on weekdays, but have you explored any of the programs?

Beyond Damascus (Saturday at 5:00 pm and Sunday at 4:00 pm) brings us the life-changing testimonies of ordinary people that launch themselves into lives of extraordinary mission for Christ.

Women Made New (Saturday at 9:00 pm and Sunday at noon) is women helping women. It's never too late to start over; join in the conversation. The hosts discuss important, but difficult, topics women struggle with.

LifeTalk NW (Sunday at 6:30 am, Tuesday at 6:30 pm and Saturday at 6:00 pm) a local pro-life show with Dan Kennedy and Noreen Hobson. They interview news makers and share their knowledge about the interplay of Catholic social teaching and civic issues in our state.

SCHOOL EVENTS & NEWS



St. Mark Catholic Classical School Spring Play

St. Mark Catholic Classical School and Missoula Children's Theater will present "Johnny Appleseed" Saturday, May 14 with two performances. The whole parish is welcome and invited to attend!

Where: St. Mark parish school Gym
Time: 3:00 pm and 6:30 pm
Saturday, May 14, 2022
Ticket prices:
\$5.00 for children four to seventeen
\$7.00 for adults



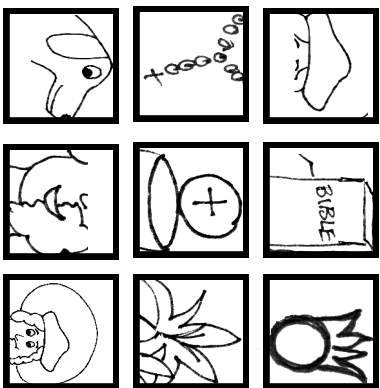
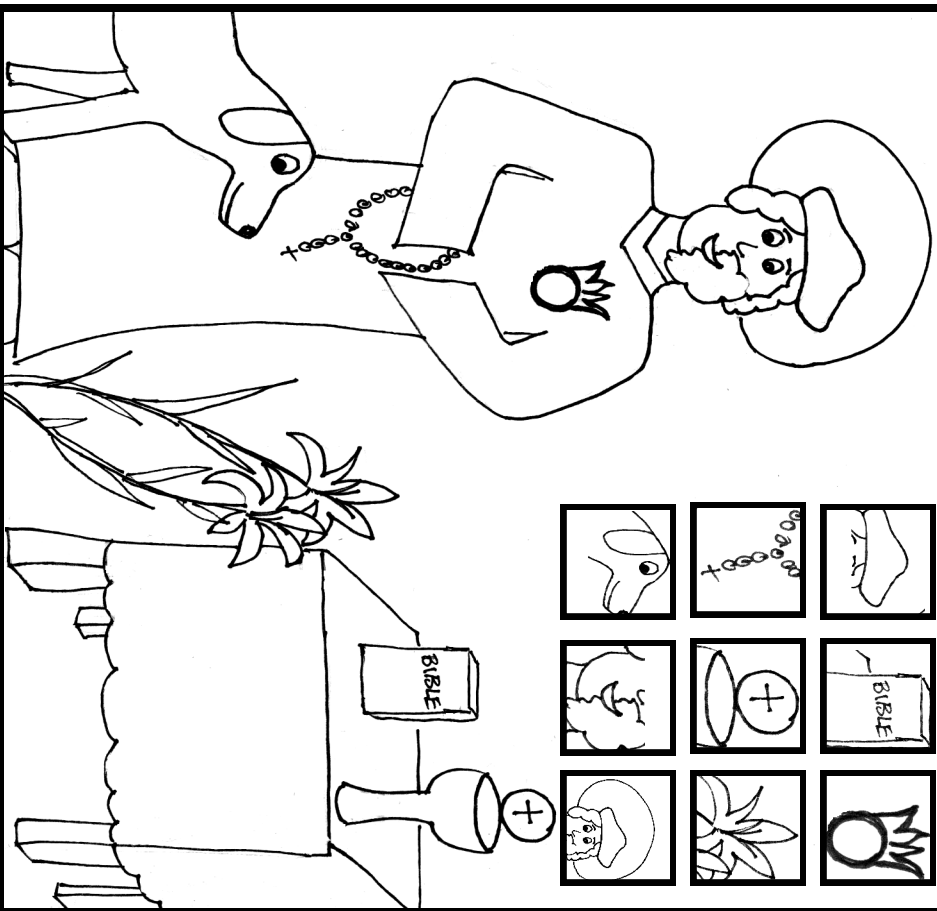
Congratulations to the Pro-Life Poster & Essay Contest Winners



Saint Philip Neri

God's love appeared to Saint Philip Neri.
It looked like a ball of fire and entered his heart.

There are some strange symbols in this picture. Saint Philip Neri did weird things to get people to listen to God's word. Once, he shaved only half of his beard! Saint Philip Neri wanted to teach a man to be humble so he asked him to "walk a dog" by carrying the dog around all day.



Catholic Kids Bulletin

May 8, 2022
Easter
Color: White

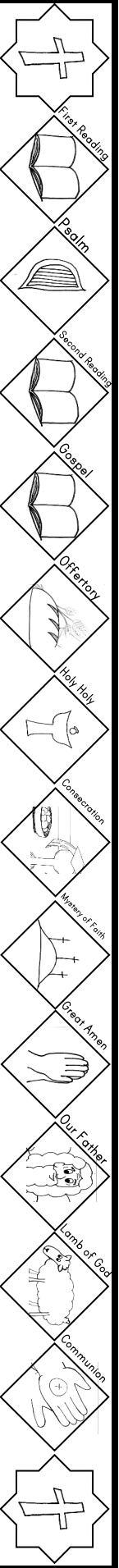
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We are his
people, the
sheep of his
flock.

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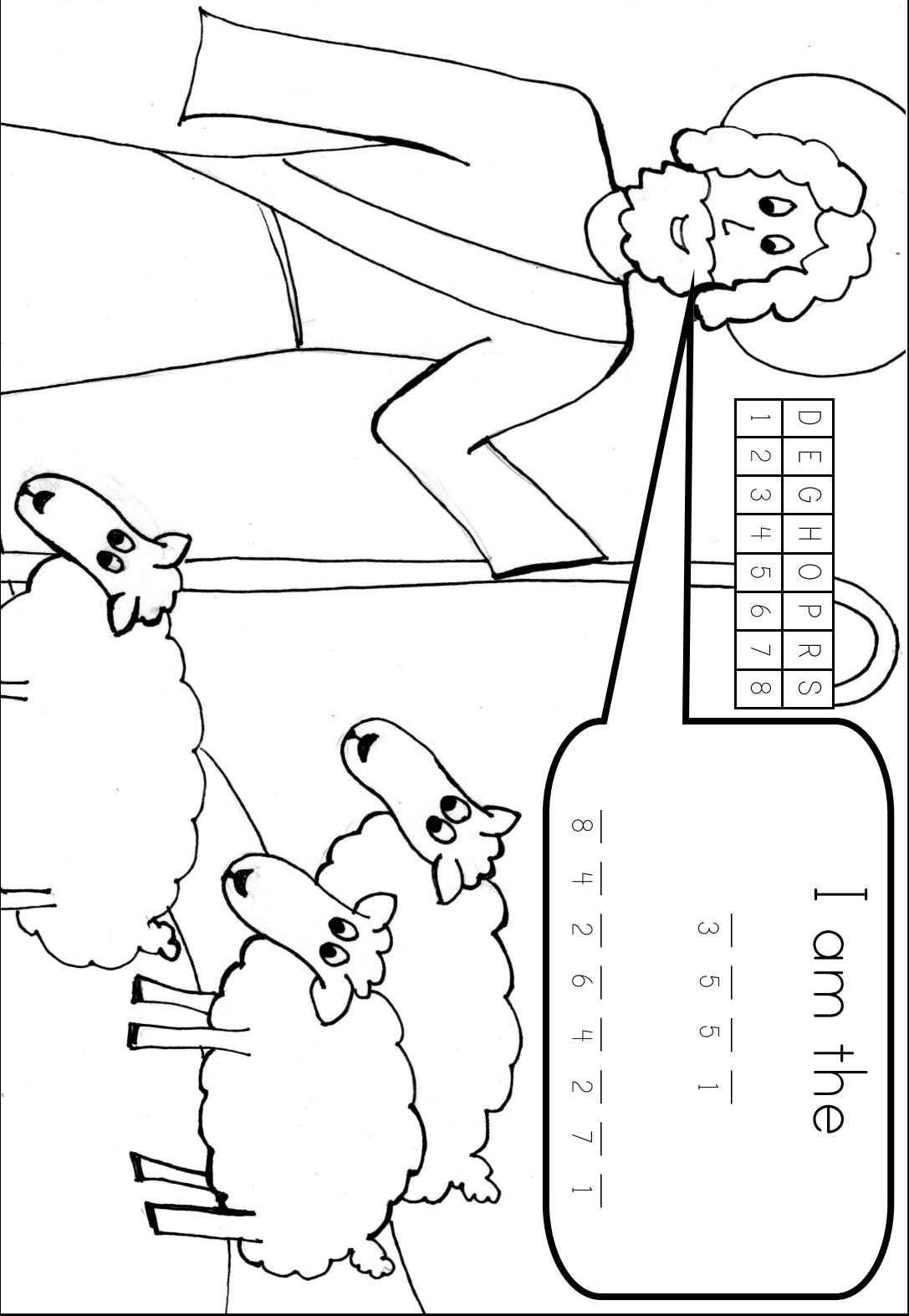
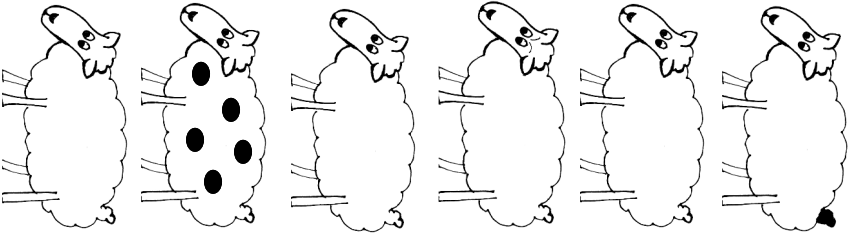
WJASHEEPEKWJOFPLWKHISOW

It is still the Easter season.
What can you do to
celebrate Easter today?



Circle the
3

sheep that match.



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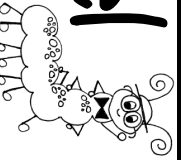
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Jesus said, "My sheep hear my voice;
I know them, and they follow me."

Gospel

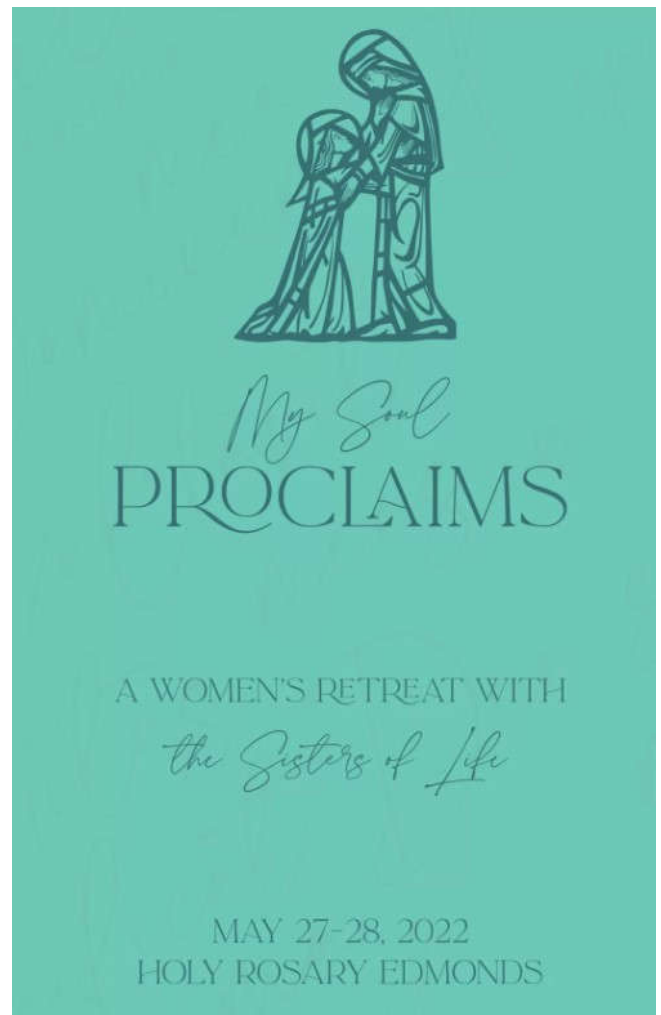


Join in a Women's Retreat with the Sisters of Life at Holy Rosary Parish in Edmonds

The Sisters of Life are women who are in love with Love - Love incarnate, crucified and risen - and captivated by the truth of the beauty of every human being, created in God's image and likeness. We believe every person is valuable and sacred. We believe that every person is good, loved, unique and unrepeatable. We believe that every person's life has deep meaning, purpose and worth. In fact, we give our lives for that truth!

This retreat is an opportunity to experience the beautiful charism that the Sisters of Life possess in their vocation. We will have presentations from three Sisters (Sr. Ann Catherine, Sr. Madeleine Agnes and Sr. Jordan Rose), Eucharistic Adoration, time for prayerful reflection and time to mingle with fellow women.

The retreat begins on Friday, May 27 at 7:00 pm and continues on Saturday, May 28 at 8:30 am with a light breakfast. A box lunch will be provided and the retreat will end just before the Saturday 5:00 pm Vigil Mass.



The Details:

The cost is \$45 per woman, but scholarships are available. Please go to ["My Soul Proclaims" A Retreat with the sisters of life - Holy Rosary - Edmonds, WA \(holyrosaryedmonds.org\)](https://www.holyrosaryedmonds.org) to register.

Holy Rosary is located at 630 Seventh Avenue North in Edmonds and can be reached at (425) 778-3122 if you have questions.

“Affirmation of Life” Memorial Holy Family Meditation Garden



8' x 8' Mosaic by Artist Ken Zeran
St. Mark Catholic Church, Shoreline, Washington
Fr. Theodore P. Sullivan Council 11217

God Himself was born as a child. The greatness of a person does not depend on size, for the newborn King is very small. Let us pray for an end to prejudice against the tiny babies threatened by abortion.

This unique and beautiful mosaic was sponsored, built and is maintained by Council 11217. The idea for a memorial started over 15 years ago. The final project cost over \$100,000 and is truly a sight to behold as a testimonial to the support of life by Knights of Columbus and our many supporters.

The composition of mosaic tiles allows the entire picture to change with the light, affording the viewer an ongoing change during their meditation, prayer or viewing time. Many of our supporters, parishioners, friends and family members have purchased memorial pavers in this tranquil garden to support the Knights' Pro- Life activities. You too have the chance to have your family, group or council memorialized with your name or message on a paver in this garden. There are fewer than 300 spaces available. If you are interested, please see the following page for more information.

To learn more about this memorial, internationally acclaimed artist (Ken Zeran), its designer, construction or dedication go to: <http://www.theaffirmationoflife.org>.

“Affirmation of Life” Memorial Holy Family Meditation Garden

You can participate in “The Affirmation of Life” and memorialize family, loved ones, organizations or a personal expression!

Pavers are engraved bricks. For donations of \$100 or more you may have a paver placed on the ground in front of the memorial. They can have three lines of 16 characters or fewer each. Examples might be:

In Memory of John W. Smith

Father Joseph Mitchell

Pray For The Unborn Respect Life
--

To order a Paver, fill out this form. Limit one letter per space

(Line 1) _

(Line 2) _

(Line 3) _

Please return this form with your payment and your contact information. Forms can be dropped off at the St. Mark Parish offices, with checks made out to the

Fr. Theodore P. Sullivan Council 11217

or you can mail them to the following address:

**Care of Knights of Columbus, Council 11217 Financial Secretary
18033 15th Place NE
Shoreline, Washington 98155**

Name: _____

Phone: _____ E-Mail _____

Questions?

Contact: Fr. Theodore P. Sullivan Council 11217

<http://www.saintmarkshoreline.org/parish-life/knights-of-columbus-council-11217>

or Council 11217 Financial Secretary – cowanmkjrda@aol.com

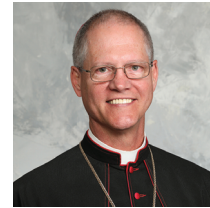
As Catholics, we are called to put our faith into action by living the Gospel and accompanying each other as we encounter Jesus Christ. Your gift to the Annual Catholic Appeal provides each of us the opportunity to come together as a Catholic community to continue helping our sisters and brothers throughout the Archdiocese of Seattle. **TOGETHER WE CAN grow in our faith and love of God.**

Your gift directly supports archdiocesan ministries, faith programs and pastoral services including:

- Evangelization
- Campus Ministries
- Catholic Schools
- Catholic Youth Organization (CYO) Camps
- Criminal Justice Ministry
- Faith Formation
- Hospital Ministry
- Marriage & Family Life
- Mental Health Ministry
- Multicultural Ministries
- Parish Support Services
- Priest, Deacon and Seminarian Support
- Religious Education
- Youth & Young Adult Ministries

“Mission is not what we have.
It is who we are.
We are the body of Christ.”

—ARCHBISHOP PAUL D. ETIENNE



Please Make Your 2022 ACA Gift Today!

Yes, I want to help support our ministries with a gift or pledge:

- Give online at archseattle.org/GiveACA
- Scan the QR code to make your gift
- Make your gift by phone at 800-809-4921
- Place your ACA envelope into the collection basket at your parish or in the mail



TOGETHER WE CAN be Christ to Others



Youth & Young Adult Ministries

Your gifts help gather young adults together from across the archdiocese to reflect on the journey that leads them to a personal relationship with Christ. Youth ministry develops and supports youth ministers and parish volunteers working with youth through formation gatherings, volunteer trainings, leadership development and more.



Hospital Ministry

We comfort the sick at hospitals across Western Washington, offering prayer, sacraments and companionship to patients and their families. The ACA provides grants to support regional hospital ministry efforts to serve the specific needs in each region across the archdiocese.



Criminal Justice Ministry

We are a team of Catholic chaplains and volunteers committed to supporting all people impacted by crime with pastoral care, including Masses, sacraments, bible studies, retreats and more inside Western Washington's jails and prisons.



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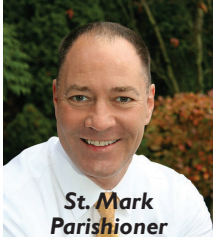
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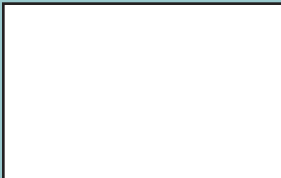


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